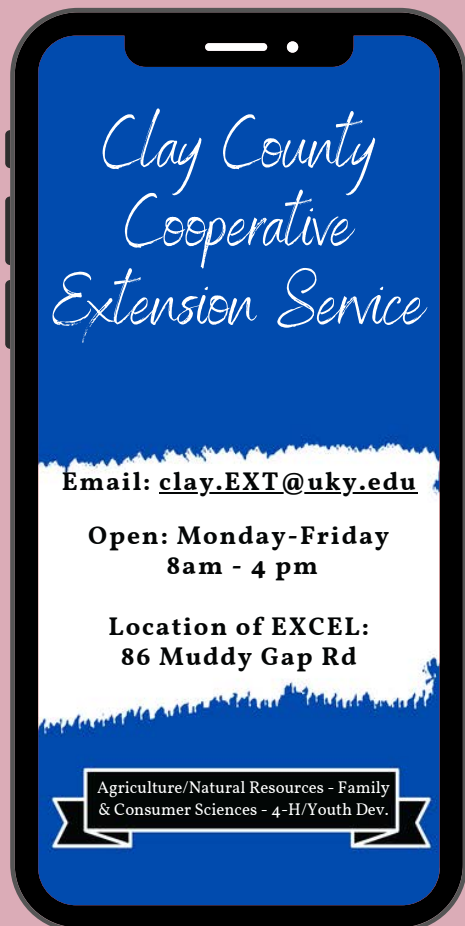




CLAY COUNTY EXTENSION NEWS



EXTENSION EVENTS

How can I stay up-to-date?

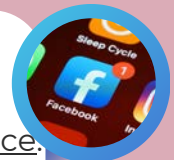
Monthly Newsletter

Call or email to be added to the monthly email list.



Facebook Page

"Like" our Facebook page - [Clay County Cooperative Extension Service](#).
Go to our page & check out events.



Webpage

Check out the county webpage at
<https://clay.ca.uky.edu>



PO Box 421 / 69 Jameson Rd | Manchester, KY 40962 | P: 606-598-2789 | F: 606-598-2695 | <https://clay.ca.uky.edu>

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English.
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.



Agriculture/Natural Resources

Ashley Adkins

Ashley Adkins
Co. Extension Agent for
Agriculture/Natural Resources Ed.
Email: ashley.adkins@uky.edu



**We are now taking
plant orders! You can
find an order form in
this newsletter!
Plants will arrive the
first week of April.**



Clay County Cattlemen Association

Join us for our next Clay County Cattlemen's Association Meeting on March 12th at 6:00 p.m. at the EXCEL building. Please call 598-2789 to register to ensure we have an accurate head count for food.



IMPORTANCE OF POLLINATORS

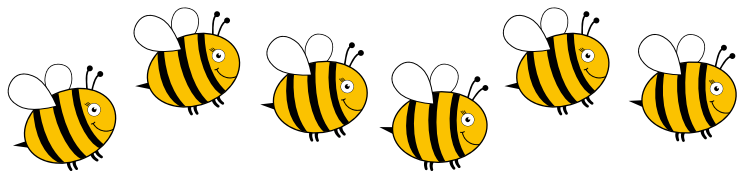
PLANTING & PREPARING THE
POLLINATOR GARDEN

MARCH 14TH
6:00 PM

CLAY COUNTY
EXTENSION OFFICE

Potluck: Bring a dish!

Please call 598-2789 to register.



Clay County Beekeepers Meeting

March 28th
at 6:00 pm
EXCEL Building
86 Muddy Gap Rd
Manchester, KY 40962

*Join us & find out what
all the buzz is about!*



WILDERNESS TRAIL AREA BEEF SERIES

MARCH 14TH AT 6:00 PM

TOPICS:

GRADING & MARKETING FEEDER CALVES

PREDATOR CONTROL

Presenters for this course will be Stacy White, ANR agent from Whitley County, discussing predator control & Glenn Williams, ANR agent from Laurel County, discussing grading and marketing feeder calves.

A free meal will be served. This course does qualify for CAIP Educational Requirement. Please register by calling 598-2789.

WTA Beef Marketing Alliance
3610 Slate Lick Church Rd
London, KY 40741

Area Corn Production Meeting

Thursday, March 21st
6:00 p.m.
Laurel County
Extension Office.
Registration is
required,
call 598-2789.

Dr. Chad Lee, Director of Grain and Forage Center of Excellence, Extension Professor & Dr. Jonathan Green, Extension Professor, Weed Science Program will be presenting at this year's Area Corn Production Meeting. Topics will include corn varieties and weed control.

THURSDAY, MARCH 21

Fruit Tree Grafting & Pruning

Grafting | 10 AM
Laurel County Extension Office

Pruning | 1 PM
Location to be determined

PLEASE REGISTER!

Register by calling (606) 864-4167 or going to laurel.ca.uky.edu/events

**ROOTSTOCK WILL
BE AVAILABLE FOR
PURCHASE AT THE
EVENT.**

Graftage is the joining of a scion (bud or shoot) of the desired fruit tree cultivar to a plant with an established root system (rootstock). Knowledge of graftage is necessary for nurserymen and fruit tree producers. It is also a great hobby for backyard gardeners. Join us at the Laurel County Extension Office on Thursday, March 21st at 10:00 a.m. for this hands-on workshop. Our guest presenter, Stacy White, Extension Agent for Agriculture and Natural Resources in Whitley County, will demonstrate the best procedures for completing a successful graft.

Then at 1:00 p.m., we will learn the proper techniques for pruning fruit trees to prevent disease and encourage growth. This demonstration will be conducted by Glenn Williams and Stacy White, Extension Agents for Agriculture and Natural Resources. Please call 598-2789 to register!

2024 Plant Order Form



Name: _____
 Address: _____
 City, State, Zip Code: _____
 Telephone: _____
 Email: _____

Clay Co. Cooperative Extension Service
 PO Box 421 / 69 Jameson Rd
 Manchester, KY 40962
 Email: clay.ext@uky.edu
 (606) 598-2789 Fax: (606) 598-2695
 Web page: clay.ca.uky.edu

Quantity	Item	Unit Price	Total
_____ bundles	Strawberries (Allstar) (June bearing—larger berry)	\$6.50 (bundle of 25)	
_____ bundles	Strawberries (Earliglow) (June bearing—smaller, sweeter berry)	\$6.50 (bundle of 25)	
	Blackberries (Natchez)	\$4 each	
	Blueberries (Duke) (two varieties needed for pollination)	\$9 each	
	Blueberries (Chandler) (two varieties needed for pollination)	\$9 each	
	Raspberries (Prelude) - Bare root	\$4 each	
	Raspberries (Jewell)	\$4 each	
	Asparagus (Millennium)	\$1 each	
_____ bundles	Onion plants (Candy)	\$5 (bundle of 60)	
		Total Due	

Mail completed form & payment to: Clay County Extension Office, PO Box 421, Manchester, KY 40962. Plants should be at the Extension Office sometime the first week of April 2024. We will contact you when they arrive. **Money is due in advance when you order your plants. Orders will not be submitted if plants have not been pre-paid.** Make checks payable to: Clay County Extension Office. We are not responsible for plants not picked up in a timely manner.

Payment Information

Amounts Paid: _____
 Date: _____
 Received by: _____
 Check No: _____ or Cash _____

Notice: We have publications on these plants at the Extension Office if you would like to come by and pick one up. This way you can have your ground ready before your plants arrive.

Cooperative Extension Service

Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities accommodated with prior notification.



4-H Events



Alissa Ackerman

Alissa Ackerman
Co. Extension Agent for 4-H/Youth
Development Ed.
Email: alissa.ackerman@uky.edu

**REMINDER!!! WHEN CLAY COUNTY SCHOOLS ARE CLOSED, 4-H
ACTIVITIES ARE CANCELED AS WELL**

GET INVOLVED IN 4-H!



4-H Paint Day

Join us for another painting opportunity for the entire family! 4-H Paint Day will be on March 11th at 4:00 pm at the Clay County EXCEL Building. Parents/Guardians are encouraged to paint with their child. This event is free and open to kids 5-18 years of age. You must call 598-2789 to register.



4-H Homeschool Club

Join us for our 4-H Homeschool Club on March 26th at 1:00 pm at the Clay County Extension Office. We will cover a variety of topics! You must be homeschooled to participate. Open to ages 9-18, and you must call 598-2789 to register.



4-H Art Club

Do you love being creative or looking to make new friends? Mark your calendars for our next Art Club meeting on March 19th at 4:00 pm at the Clay County Extension Office. You must call 598-2789 to register. This program is free and open to ages 9-18.



4-H NRESci

4-H Natural Resource & Environmental Science Academy

If you are in 5th grade and love the outdoors or would like to learn more about water, forestry and wildlife, apply for this great opportunity! Applications will be available in mid-March. Contact the Clay County Extension Office for more information. Deadline is May 1st.



4-H Cooking Club

Do you enjoy baking or want to learn more about cooking? The Cooking Club will meet on March 25th at 4:00 pm at the Clay County Extension Office. Join us as we learn kitchen tips and safety and create delicious dishes! Limited spots are available and you must call to register. FREE but you must be 9-18 years of age to participate.



4-H Summit

If you are attending this year's event, please mark your calendars for March 21st-23rd! This event will take place at Lake Cumberland 4-H Camp Center. Transportation arrangements will be sent out in the mail.

4-H Homeschool Club

Our 4-H Homeschool Club met for the first time in February! Members discussed plans for the year, created vision boards, made calming jars and completed a service project.



4-H Dollars & Sense Program

Hacker Elementary 4th-6th grade students completed the 4-H Dollars and Sense Program! Students learned the importance of managing money and needs vs. wants. Thank you to those that helped make this program possible!



4-H Science Clubs

4-H Club members at Oneida Elementary, OBI & Red Bird completed a science lesson and learned about different parts of a flower! Great job, everyone!



4-H Art Club

At this month's 4-H Art Club meeting, members learned about Aurora Borealis (the northern lights) & created their own mixed media project.



4-H Cooking Club

4-H Cooking Club members created their very own cream pie with crumb crust just in time for Valentine's Day!





For more details and to receive a packet of categories & rules, please call the Clay County Extension Office at 598-2789!



4-H COMMUNICATIONS DAY CONTEST

APRIL 30TH
9:00AM

RED BIRD CHRISTIAN SCHOOL
REGISTRATION DUE BY APRIL 17TH

Junior Speeches: 3-5 minutes (Age 9-13)
Senior Speeches: 5-7 minutes (Age 14-18)
Junior & Senior Demonstrations: (5-15 minutes)



<p>Cooperative Extension Service Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development</p>	<p>MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506</p>   <p>Disability accommodated with prior notification.</p>
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ELEVATING LEADERS

YOUR DONATION ELEVATES YOUR COMMUNITY ELEVATES KY LEADERS

GIVE \$10 WITH EACH AG TAG AND GROW KENTUCKY YOUTH
HALF OF THE FUNDS FOR 4-H AND FFA COME BACK TO YOUR LOCAL CLUBS AND CHAPTERS IN YOUR COUNTY.
SUPPORT STATEWIDE PROGRAMS IMPACTING 274,000 STUDENTS ENROLLED IN 4-H, FFA AND KY PROUD MEMBERS.



BY MAKING A \$10 DONATION WITH YOUR AG TAG, YOU ARE CHOOSING TO INVEST DIRECTLY INTO THE FUTURE OF KENTUCKY AGRICULTURE. DONATIONS ARE DIVIDED EQUALLY BETWEEN FFA, 4-H AND KENTUCKY PROUD WITH HALF GOING DIRECTLY BACK TO YOUR COUNTY. THANK YOU FOR YOUR SUPPORT.



Inspire Clay County's Youth!


Did you know that farmers in Kentucky can make a donation of \$10.00 when they renew their farm license plates that will help raise funds for 4-H?

This March, remember to make this voluntary donation when you renew each of your farm license plates (Ag Tags) and you can inspire Kentucky 4-H youth by helping fund life-changing opportunities! Ask your county clerk how you can give back.

We thank you for your support!



4-H PAINT DAY

 Cooperative
Extension Service

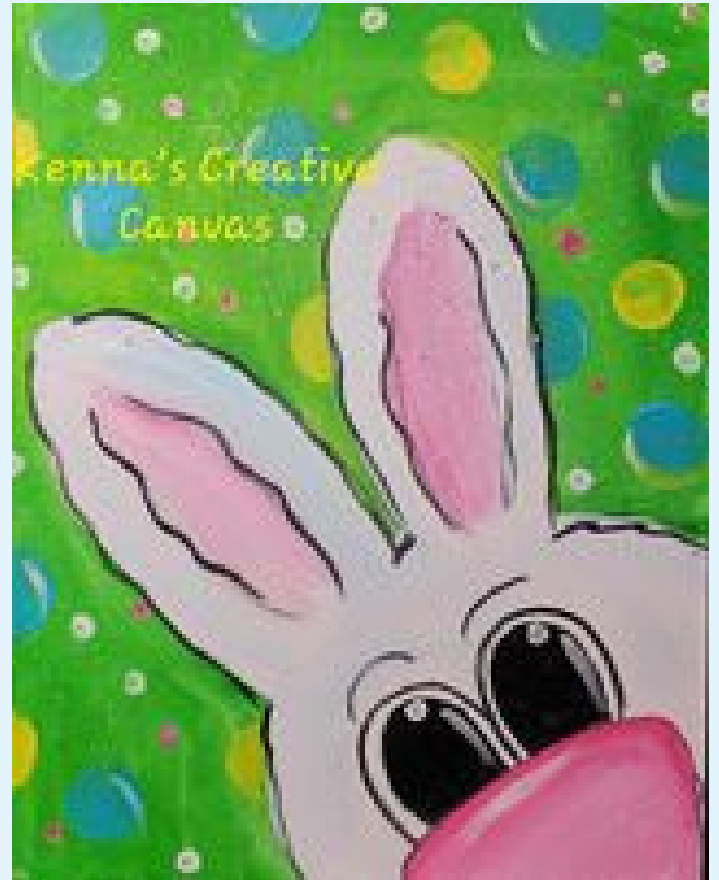


MARCH 11TH

4:00 PM

**CLAY COUNTY EXTENSION
EXCEL BUILDING**

**This is a family painting event open
to youth ages 5-18 & parents/
grandparents or guardian.
You must call 598-2789 to reserve
your spot. Spots are limited.**





“UNDER THE BIG TOP,”

**4-H
SUMMER
CAMP 2024**



**July 30-August 2, 2024
Applications available March
25th!**

**For more information,
contact the
Clay County
Extension Office
at 598-2789**

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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Lexington, KY 40506



 Disabilities
accommodated
with prior notification.



Family & Consumer Sciences

Interested in becoming a member of the Clay County Homemakers? Here is some information from The Kentucky Extension Homemakers Association:

KEHA welcomes members regardless of age, race, color, national origin, creed, marital status, gender, education, or economic status. Any full or part-time homemaker, male or female, rural or urban, teenager or senior citizen and in-between, may belong to KEHA.

Homemakers gain new knowledge and skills that improve the quality of life for themselves and their families. Practical demonstrations and discussions are important parts of the meetings. Educational programs are implemented by members of county associations, in cooperation with County Extension Agents, on the basis of the latest research data from the University of Kentucky. County, state and national meetings and workshops provide fellowship combined with concentrated learning opportunities as well as opportunities to enhance leadership skill.

If you are interested in joining, please contact Clay County Cooperative Extension Office at 598-2789. We can provide information about our current clubs and programs, as well as guidance in establishing new clubs. Homemaker dues are \$12.00 annually.



WHY PAY HOMEMAKER DUES



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service



01

Stay a part of one of the largest, best leadership and volunteer organizations in Clay County

02

Keep the ability to attend meetings when restrictions are lifted!

03

Have the ability to enter items into county, area, and state contests.

04

To be able to attend 2021 club, county, area, and state events.

05

Dues support Ovarian Cancer research.

MY \$12.00...

\$1.00 to Ovarian Cancer research
\$5.00 to state & area dues
\$6.00 to county dues to support learning opportunities and more.

06

Keep Homemakers around for future generations by keeping it involved & strong.

07

Learning opportunities are still provided by mail and virtually until in-person events can resume.


08

Your dues keep you a part of our Extension Homemaker family!

MEMBERSHIP TO THE HOMEMAKERS ORGANIZATION COSTS LESS THAN:

- A PIZZA 
- ONE MONTH OF A STREAMING SERVICE 
- A NEW BOOK 
- A NEW SHIRT 
- FAST FOOD FOR TWO 

**FAMILY & CONSUMER
SCIENCES
HOMEMAKER CLUBS**

 Cooperative
Extension Service

PINS & NEEDLES HOMEMAKER CLUB

Meets every 3rd Saturday at 10 AM


EXCEL BUILDING

BESIDE MCDONALDS

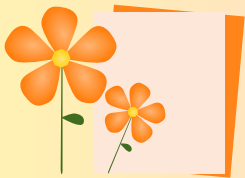
This club always welcomes new members! Bring your materials and join them with your sewing projects.

Don't know how to sew, no problem...they will teach you!

Call 598-2789 for more information.

 Cooperative
Extension Service

Card Making Club



*We meet the 2nd
Tuesday of each month
at 1:00 p.m. at the Clay
County Extension Office*



*Would you like to learn how to make beautiful
greeting cards? Join our Homemaker Card
Making Club. We meet once a month &
always welcome new members!
Call 598-2789 for more information.*



ANNOUNCEMENT!!!
We are starting a new Homemaker Recipe Club!!!! If you are not already a member, dues are \$12 annually.

If you love cooking and trying new recipes, join our new Recipe Club! This club will not meet in person, all you have to do is call to be added to our list! Once we have your contact information, you will receive 3 new recipes each month in the mail! We encourage you to try these at home with your family, take pictures and let us know what you think!

Egg-cellent Salad

Servings: 3

Serving Size: 1/2 cup

Ingredients:

- 3 hard-boiled eggs
- 1/4 cup plain Greek yogurt
- 1/2 celery stalk, finely chopped
- 1/2 carrot, shredded
- 1 tablespoon mustard
- 1/4 teaspoon salt
- 1/4 teaspoon pepper

Directions:

In a medium-sized bowl, mash the hard-boiled eggs using a fork. Add yogurt, celery, carrot, mustard, salt, and pepper. Stir until well combined. Refrigerate until cool and serve.

Tip:

Try serving on whole wheat bread or tomato slices. You can spread some on bell pepper slices for an extra dose of veggies!



Nutrition Facts Per Serving (egg salad only): 100 calories; 6g total fat; 2.5g saturated fat; 0g trans fat; 185mg cholesterol; 330mg sodium; 4g carbohydrate; 1g fiber; 2g sugar; 8g protein

Source: University of Kentucky Cooperative Extension Service: Nutrition Education Program: Eat Smart to Play Hard.



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Savor *the* Flavor



COOKING WITH OILS AND VINEGARS

Many of us know there are a variety of cooking oils and flavored vinegars out there, but may not be sure how and when to use them. Join us for this class in which you will learn about adding flavor to foods and dishes with cooking oils and vinegars. We will learn about some of the most common types of cooking oils and flavored vinegars found in your grocery store — or they may be already in your cupboard!

We look forward to seeing you!

March 11th & April 15th

11:00 AM

Clay County Extension Office

Join us and our special guest, FCS Agent, Kelsee Dewees! Call to reserve your spot at 598-2789.




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LEXINGTON, KY 40546



Disabilities
accommodated
with prior notification.

RETURN SERVICE REQUESTED



**There will be a Clay County
Extension Council meeting on
March 26th at 5:00 p.m.
followed by a Clay County
Extension District Board
meeting. Both meetings will
be held at the EXCEL Building
86 Muddy Gap Rd
Manchester, KY 40962**